



PARTICIPANT RELEASE AND WAIVER OF LIABILITY

Activity: ALL Sports and/or training related activities (Basketball, Volleyball, General Training) **Location:** SHRED Gym, LLC and Wichita Ignite Volleyball Club, LLC

1. Assumption of Risk

I, the undersigned, understand that participating in activities involves certain inherent risks, including but not limited to:

- Physical injury (sprains, fractures, concussions).
- Overexertion or heat-related illness.
- Contact with other players or equipment.

I voluntarily assume all risks associated with my participation.

2. Medical Fitness

I represent that I am in good physical condition and do not suffer from any condition, impairment, or other illness that would prevent my safe participation in athletic activities. I acknowledge that SHRED Gym and/or Wichita Ignite Volleyball Club has not conducted a medical examination to verify my fitness.

3. Release and Waiver

In consideration of being allowed to use the facilities, I hereby release, waive, and discharge SHRED Gym and/or Wichita Ignite Volleyball Club, its staff, owners, and affiliates from any and all liability, claims, or causes of action arising out of my participation, including any injury or damage resulting from the negligence of the parties released.

4. Emergency Medical Treatment

In the event of an emergency, I authorize SHRED Gym and/or Wichita Ignite Volleyball Club to secure from any licensed hospital or medical personnel any treatment deemed necessary for my immediate care and agree that I will be responsible for payment of any and all medical services rendered.

5. Rules and Conduct

I agree to follow all posted rules and verbal instructions provided by staff. I understand that SHRED Gym and/or Wichita Ignite Volleyball Club reserves the right to remove any participant who acts in an unsafe or disrespectful manner.

PHOTO & VIDEO RELEASE

I, the undersigned, hereby grant SHRED Gym and/or Wichita Ignite Volleyball Club (the "Club"), its representatives, and employees the right to take photographs and video recordings of me and/or my minor child in connection with club practices, tournaments, and events.

1. PERMISSION TO USE I authorize SHRED Gym and/or Wichita Ignite Volleyball Club to use, edit, copy, and publish such photographs and videos in print and/or electronically. I agree that Wichita Ignite may use such images with or without my name (or my child's name) for any lawful purpose, including but not limited to:

- The official SHRED-Performance and/or Wichita Ignite website and registration portal.

- Social media platforms (Instagram, Facebook, etc.).
- Marketing materials, brochures, and club advertisements.

2. WAIVER OF COMPENSATION I understand and agree that these materials will become the property of SHRED Gym and/or Wichita Ignite Volleyball Club and will not be returned. I waive any right to royalties, fees, or other compensation arising from or related to the use of the photos or videos.

3. RELEASE OF LIABILITY I hereby release and hold harmless SHRED Gym and/or Wichita Ignite Volleyball Club, its coaches, and its staff from any reasonable expectation of privacy or confidentiality associated with the images specified above and from any liability for any claims by me or any third party in connection with my participation or my child's participation.

Participant Name (Printed): _____

Participant Signature: _____ **Date:** _____

PARENT/GUARDIAN SIGNATURE (If participant is under 18): I, the undersigned parent/guardian, have read the above waiver and give my permission for the minor listed above to participate.

Guardian Signature: _____ **Date:** _____

BY BOOKING THIS SESSION, I ACKNOWLEDGE THAT I HAVE READ AND AGREE TO THE TERMS ABOVE.